



Child's Name: _____

Birth Date: _____

Date of Screening: _____

Annual mental health screenings are crucial for your child's overall well-being and development. These screenings provide an opportunity to detect any potential mental health concerns early, enabling timely intervention and support. Mental health directly impacts a child's ability to learn, socialize, and function effectively in daily life. Identifying and addressing mental health issues early can significantly improve a child's academic performance, social interactions, emotional resilience, and long-term mental health outcomes.

1. Background Information:

- Is there any information about the family structure and dynamics that we should consider for the child's mental health assessment? **Yes or No**
- Have there been any major life changes or events affecting the child recently?
Yes or No

2. Emotional Well-being:

- Does the child generally display a consistent mood and temperament? **Yes or No**
- Have you noticed significant changes in the child's behavior or emotions? **Yes or No**

3. Social Functioning:

- Is the child able to interact well with peers, adults, and family members? **Yes or No**
- Does the child face challenges in making and maintaining friendships? **Yes or No**

4. Academic Performance:

- Is the child actively engaged and motivated during learning activities? **Yes or No**
- Are there concerns or challenges affecting the child's academic performance? **Yes or No**



5. Behavioral Patterns:

- Are there any behavioral concerns or disruptive behaviors you've observed? **Yes or No**
- Does the child struggle with attention and focus during tasks and activities? **Yes or No**

6. Anxiety and Stress Levels:

- Have you observed signs of elevated anxiety levels or stress in the child? **Yes or No**
- Are there identifiable stressors affecting the child? **Yes or No**

7. Sleep Patterns:

- Is the child experiencing adequate and quality sleep? **Yes or No**
- Are there any concerns related to the child's sleep patterns? **Yes or No**

8. Follow-up:

- Do you recommend further assessments or therapies based on this screening? **Yes or No**
- Are there specific strategies or interventions you suggest to support the child's mental health? **Yes or No**

Professional's Name: _____

License number: _____

Signature: _____

Date: _____

This form is to be completed by a licensed mental health professional during the annual mental health screening. The information gathered will be used to ensure the child's mental health needs are appropriately addressed and supported.